

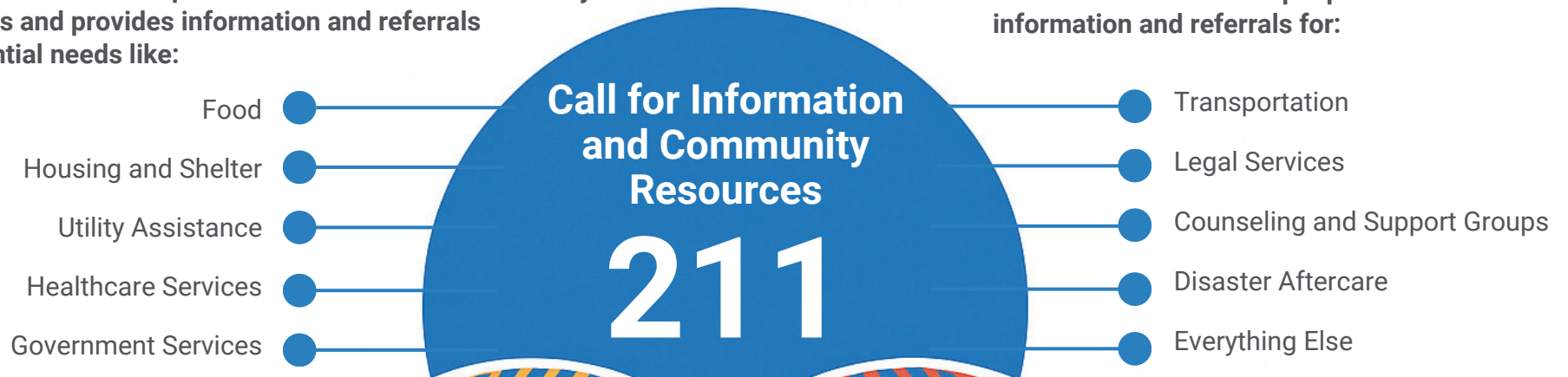


# Help is 3 Numbers Away



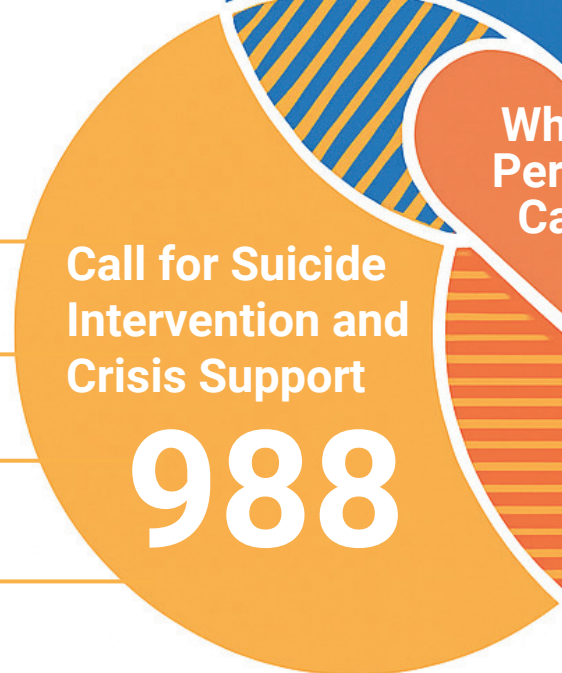
**211** maintains a comprehensive database of community resources and provides information and referrals for essential needs like:

**211** also can connect people with information and referrals for:



**988** provides crisis support for:

- Thoughts of Suicide
- Mental Health Crisis
- Substance Use Crisis
- Emotional Distress



**911** provides first responder dispatch for:



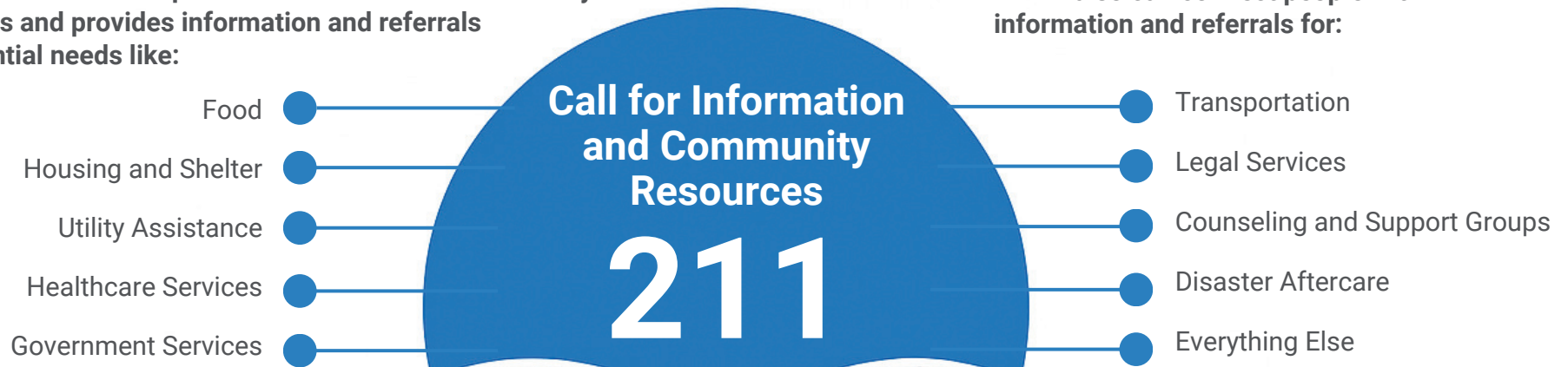


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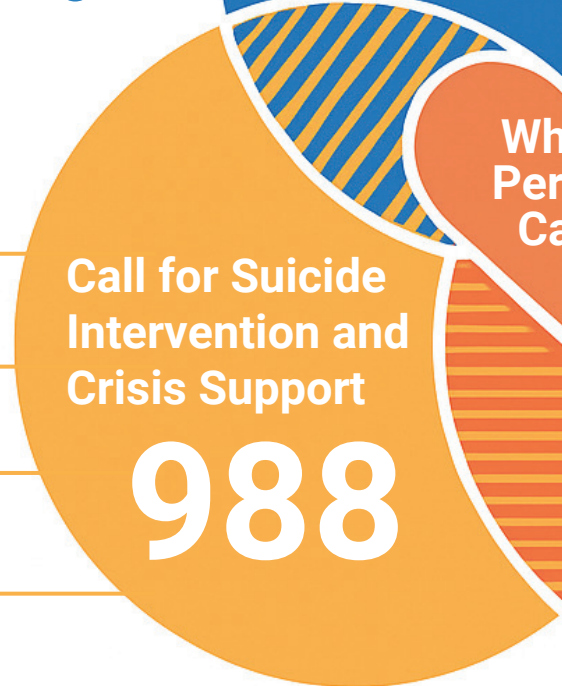
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# Help is 3 Numbers Away



**211** maintains a comprehensive database of community resources and provides information and referrals for essential needs like:

- Food
- Housing and Shelter
- Utility Assistance
- Healthcare Services
- Government Services

Call for Information and Community Resources

211

**211** also can connect people with information and referrals for:

- Transportation
- Legal Services
- Counseling and Support Groups
- Disaster Aftercare
- Everything Else

**988** provides crisis support for:

- Thoughts of Suicide
- Mental Health Crisis
- Substance Use Crisis
- Emotional Distress

Call for Suicide Intervention and Crisis Support

988

Whole Person Care

Call for Emergencies

911

**911** provides first responder dispatch for:

- Medical Emergency
- Fire
- Reporting a Crime
- Disaster Response
- Life Threatening Situation

