

## July 2024 Community Report



### Important Information:

#### Back to School Tips

Here are some tips from Active Parenting to help with school success tips. Whether starting kindergarten or heading back to high school, these tips can make this transition as smooth and successful as possible.



#### Setting the Stage for School Success:

- 1. Establish Routines:** Start adjusting sleep schedules and mealtimes a week or two before school starts. This will help your child's body get back into a school-ready rhythm.
- 2. Create a Study Space:** Designate a quiet, well-lit area for homework and studying. Make sure it's stocked with supplies and free from distractions.
- 3. Talk About School:** Have open conversations with your child about their feelings and expectations for the new school year. Address any anxieties they may have and offer reassurance.
- 4. Set Goals Together:** Encourage your child to set realistic academic and personal goals for the year. This helps them take ownership of their learning

and stay motivated.

### **Active Parenting Strategies for School Success:**

- **Active Communication:** Keep the lines of communication open with your child about their school day. Ask open-ended questions like, “What was the most interesting thing you learned today?” or “What are you looking forward to tomorrow?”
- **Encourage Responsibility:** Help your child develop organizational skills and take ownership of their schoolwork. Teach them how to use a planner or calendar to track assignments and deadlines.
- **Problem-Solving Together:** When your child faces challenges at school, use Active Parenting’s problem-solving steps to help them find solutions. Encourage them to think creatively and take initiative.
- **Celebrate Success:** Acknowledge and celebrate your child’s achievements, both big and small. This helps build their confidence and motivation.
- **Partner with Teachers:** Establish a positive relationship with your child’s teachers. Attend parent-teacher conferences, communicate regularly, and work together to support your child’s learning.

### **Don’t Forget Self-Care:**

Remember, a successful school year starts with a well-rested and supported parent. Parents need to prioritize their own well-being and shouldn’t hesitate to ask for help when needed. Pathways offers the Active Parenting curriculum for parents with children ages 0-17. Call 740-345-6166 x230 or visit <https://pathwaysofcentralohio.com/parent-education-center/> for class information.

### **If you need more help with your child:**

The Kids Crisis Team serves youth ages 0-25 in crisis that presents a risk to themselves, their families, or others due to mental illness and/or developmental disabilities. Many of these youth are not currently connected with services.

The Kids Mobile Crisis Team program can help connect families with intensive care coordination and targeted crisis intervention services; purchase of emergency respite care and short-term crisis residential treatment bed days; and family support including transportation costs.

This program is a more stabilizing and supportive approach versus out-of-home placement which has a significantly higher cost, a cost measured not only in currency but the emotional and developmental toll caused by the disruption of a youth’s connection with their family and the community. Since the program’s launch in 2014, it has served almost 1400 youth and their families, with nearly 1000 of these youth and families new to the behavioral healthcare system.

If you know a youth in crisis, the Kids Mobile Crisis Team can help you. Call **211** or **800-544-1601** and ask for help from the Kids Mobile Crisis Team.

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|                                 | Jul 23 | Aug 23 | Sep 23 | Oct 23 | Nov 23 | Dec 23 | Jan 24 | Feb 24 | Mar 24 | Apr 24 | May 24 | Jun 24 | Jul 24 |
|---------------------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| <b>Total Calls w/Follow Ups</b> | 1077   | 1234   | 1245   | 1217   | 1185   | 1250   | 1314   | 1131   | 1156   | 1203   | 1358   | 1183   | 1446   |
| <b>Knox</b>                     | 255    | 287    | 246    | 254    | 181    | 210    | 307    | 264    | 271    | 273    | 290    | 223    | 305    |
| <b>Licking</b>                  | 822    | 947    | 999    | 963    | 1004   | 1040   | 1007   | 867    | 885    | 930    | 1068   | 960    | 1141   |

For more detailed monthly reports on calls to our 211/Crisis Hotline, visit [www.pathways.211counts.org](http://www.pathways.211counts.org)

### Knox and Licking County Call Totals for the Past 12 Months

#### July Unmet Needs from Call Stats

##### *Licking County*

School Clothing

Gas Money

General Yard Work

##### *Knox County*

Automobile Insurance Payment Assistance

Driver License Fee Payment Assistance

Gas Money



### 2024 Agency Updates

Did you know that you can login to the 211 database at any time to review your agency and service information? Just click the 211 Online Resource Directory button to the right, scroll down and click Service Provider Tools.

If you don't know your login/password (sent with Web Survey Request email (at the very bottom of the message), click the Request Password button to request a user name and password. You should receive a reply within 72 business hours.

Don't forget to check your email for the 2024 Agency Update Request from Lyn Romano, CRS-DC at [lromano@pathwaysco.org](mailto:lromano@pathwaysco.org). Please check your Spam/Junk Mail folder, also. Requests are sent out annually to agencies that have given us a current email address.



***Updating your agency listing is vital to keeping our database current!***

***Thank you for your help in providing the most accurate information for our callers !!***

For anyone in need, the 211/988 Crisis Hotline  
is available 24/7/365.



## Help Promote 211 and 988 in Licking and Knox Counties!

Pathways has supplies of 211 and 988 cards, rack cards, magnets and posters for distribution in the community. Help us spread the word about these numbers to connect your neighbors to local resources.

Call 740-345-6166 x200 or email your request to [mail@pathwaysco.org](mailto:mail@pathwaysco.org).

## Pathways Facebook page

Join our 1,300 followers by liking us on Facebook and keep up with current news and information in our communities!

Click the logo to go to our page. >>>



The 211 Community Monthly Report provides statistics regarding calls received and data on unmet needs in Licking and Knox Counties. New or important agency information and/or highlights of special programs and services available in Licking and Knox Counties are included.

If you have questions about this report or would like to suggest a program for us to highlight, please contact Lyn Romano at [lromano@pathwaysco.org](mailto:lromano@pathwaysco.org) or 740-345-6166 x200.

There are 3 ways to contact us for free, confidential assistance:

CALL 211, 345-HELP, 1-800-544-1601

TEXT your zip code to 898211

VISIT [211pathways.org](http://211pathways.org)

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211/Crisis Hotline Program Director, Amanda Dawoodarry, is available to answer questions and provide public awareness to your organization about the 211/Crisis Hotline and the services provided.

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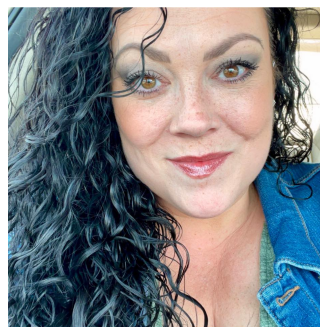
Amanda Dawoodarry, MSW  
740-345-6166 ext. 229  
[adawoodarry@pathwaysco.org](mailto:adawoodarry@pathwaysco.org)



211/Crisis Hotline Certified Resource Database Curator, Lyn Romano, can assist agencies with questions about service/program listings in the Resource Database. Call or email her when you need assistance.

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Lyn Romano, CRS-DC  
740-345-6166 ext. 200  
[lromano@pathwaysco.org](mailto:lromano@pathwaysco.org)



211/Crisis Hotline Resource Database Assistant, Andrea Rudin, works alongside our Database Curator to keep the service/program listings updated in the Resource Database. Email her when you need assistance.

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Andrea Rudin, Resource Database Assistant  
[arudin@pathwaysco.org](mailto:arudin@pathwaysco.org)





United Way of  
Licking County



Pathways of Central Ohio | 1627 Bryn Mawr Drive | Newark, OH 43055 US

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