December 2022 Community Report





In the News:



Sports Betting is Live, Here's How You Can Play Responsibly

From the Ohio Problem Gambling Network

2023 is a new year and with it comes a big change for Ohio—the launch of legal sports betting. Not only is this the largest expansion of legal gambling in state history, it also marks the largest simultaneous launch of sports betting in the nation.

Sports betting is a popular form of gambling, and it can be a fun and exciting way to engage with sports. In addition to casinos and racinos, Ohioans will now be able to place a bet on their favorite team at professional league stadiums, on their phones, and even at some bars, restaurants, and grocery stores.

While many who gamble can do so without problem, Problem Gambling Network of Ohio (PGNO) is reminding Ohioans that gambling is not without its risks and to stay within their financial means if they choose to play bet.

"Sports betting can be fast-paced, so it's essential to go into it with a game plan and to stick to it," said Derek Longmeier, Executive Director. "This may include setting limits on how much money you spend, how often you place bets, and how much time is spent on gambling."

In preparation for the launch of sports betting, Ohio's statewide responsible gambling campaign, If You Gamble, Get Set Before You Bet, is encouraging those who bet to

"pause" before they play. The campaign offers education materials and tips on how to keep your gambling fun and under control.

PGNO is also spreading awareness of problem gambling, a type of behavioral addiction that is characterized by an inability to control one's gambling habits.

"We know from our state gambling survey data that about 1-in-4 sports bettors are at-risk of developing or have a gambling problem," said Longmeier. "As opportunities to gamble become more accessible, we expect to see increases in rates of problem gambling."

People with a gambling problem may continue gambling even when it causes negative consequences in their lives, including financial difficulties, relationship issues, or problems fulfilling work or personal responsibilities.

There are several warning signs that may indicate a problem with gambling, which include:

- Thinking about gambling a lot and planning for future gambling sessions
- · Feeling unable to stop gambling, even when it is causing problems
- Needing to gamble larger amount of money to achieve the desired level of excitement
- Feeling irritable or restless when unable to gamble
- Continuing to gamble to win back lost money
- · Gambling to cope with negative feeling

If you or someone you know is experiencing any of the above warning signs, it may be worth seeking help. Pathways of Central Ohio can link you to local resources simply by dialing 211 or by texting your zip code to 898211. You can also visit *www.playitsafeohio.org* for more resources.

> Ohio Development Services Agency

HEAP WINTER CRISIS PROGRAM 2022-2023

HEAP Winter Crisis Program

The Home Energy Assistance Winter Crisis Program (HEAP Winter Crisis Program) helps income eligible Ohioans that are threatened with disconnection, have been disconnected, need to establish new service, need to pay to transfer service, have PIPP default, need to pay first PIPP, or have 25% (or less) supply of bulk fuel in their tank maintain their utility service.

The program runs from November 1, 2022 until March 31, 2023. Ohio households serviced by a Public Utilities Commission of Ohio-regulated utility must sign up for the <u>Percentage of Income Payment Plan Plus</u> <u>(PIPP)</u> or another payment plan if there is still an outstanding balance on the bill after receiving assistance.

Ohioans with a household income at or below 175 percent of the federal poverty guidelines that are facing disconnection, have been disconnected, need to establish new service, need to pay to transfer service, have PIPP default, need to pay first PIPP, or have less than a 25 percent supply of bulk fuel in their tank are eligible for the program.

Click *here* for more information.

Contact your local Community Action Agency for more information and to apply.

Knox: Kno-Ho-Co-Community Action Commission 309 South Main Street Mount Vernon Mon-Fri 8am-4:30pm 740-397-0378 www.knohoco.org

Licking: LEADS Community Action 159 Wilson Street Newark Mon-Fri 8:30am-4pm 740-349-8606 www.leadscaa.org

Knox and Licking County Call Totals for the Past 12 Months

	Dec 21	Jan 22	Feb 22	Mar 22	Apr 22	May 22	Jun 22	Jun 22	Sep 22	Oct 22	Nov 22	Dec 22
Total Calls w/Follow Ups	1038	1253	1106	960	987	1009	1025	1025	1144	1066	1122	1107
Knox	227	246	298	203	199	233	251	251	305	275	296	270
Licking	811	1007	808	757	788	813	774	774	839	791	826	837

December Unmet Needs from Call Statistics

Licking County No Unmet Needs in December

Knox County Automobile Insurance Payment Assistance Bed Bug Control





The 211 Community Monthly Report provides statistics regarding calls received and data on unmet needs in Licking and Knox Counties. New or important agency information and/or highlights of special programs and services available in Licking and Knox Counties are included.

If you have questions about this report or would like to suggest a program for us to highlight, please contact Lyn Romano at lromano@pathwaysco.org or 740-345-6166 x200.

There are 3 ways to contact us for free, confidential assistance:

CALL 211, 345-HELP, 1-800-544-1601 TEXT your zip code to 898211 VISIT <u>211pathways.org</u>





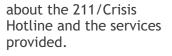
211/Crisis Hotline Program Director, Amy Henning, is available to answer questions and provide public awareness to your organization



211/Crisis Hotline Certified Resource Database Curator, Lyn Romano, can assist agencies with questions about service/program



211/Crisis Hotline Resource Database Assistant, Andrea Rudin, works alongside our Database Curator to keep the service/program



Amy Henning, MSSA, LSW 740-345-6166 ext. 229 <u>ahenning@pathwaysco.org</u> listings in the Resource Database. Call or email her when you need assistance.

Lyn Romano, CRS-DC 740-345-6166 ext. 200 lromano@pathwaysco.org listings updated in the Resource Database. Email her when you need assistance.

Andrea Rudin, Resource Database Assistant <u>arudin@pathwaysco.org</u>



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