211 Community Report

April 2022

The 2-1-1 Community Monthly
Report provides statistics regarding
requests received, referrals, and
data on unmet needs in Licking and
Knox Counties. New or important
agency information and/or
highlights of special programs and
services available in Licking and
Knox Counties are included.

If you have questions about this report or would like to suggest a program for us to highlight, please contact Lyn Romano at lromano@pathwaysco.org or 740-345-6166 x200.



2-1-1

Get Connected. Get Help.™

There are 3 ways to contact us for free, confidential assistance:

CALL 2-1-1, 345-HELP, 1-800-544-1601 TEXT your zip code to 898211 VISIT <u>211pathways.org</u>



From nami.org - May 02 2022

ARLINGTON, VA — Amidst a growing crisis, the National Alliance on Mental Illness (NAMI) is urging that we all come "Together for Mental Health" — NAMI's theme for Mental Health Awareness

Month in May — to fight stigma, raise awareness and advocate for a better mental health care system.

While the COVID-19 pandemic is ebbing, its effects on our collective mental health are proving severe and long-lasting, particularly among younger people and marginalized populations — effectively, a pandemic within a pandemic.



Some indicators are positive, such as the number of people who have been more open with others about their mental health since the pandemic started (52% in a **2021 NAMI survey**).

But those statistics are far overshadowed by an undeniable and growing mental health crisis that demands both attention and action. Nearly 2 in 5 adults struggled with mental health issues in 2020, compared to about 1 in 5 adults before the pandemic. Among adults with mental illness, only 46% received treatment in 2020, a number that is far lower among Black Americans (37%), Hispanic/Latinx (35%) and Asian Americans (21%).

The crisis is especially acute among youth and young adults, as trends that had already predated the pandemic have turned even more ominous. In 2020, 75% of people aged 18-24 reported at least one mental health or substance use concern. In 2021, emergency department visits for suspected suicide attempts were 51% higher among adolescent girls than in 2020.

Between 2020 and 2021, calls to the **NAMI HelpLine** (1-800-950-NAMI, or 6264) about depression and anxiety increased by 80%, calls about suicide increased by 185%, and calls about mental health crises increased by 251%. Overall, the number of people the HelpLine assisted increased 79% from 2019 to 2021.

But there is hope. NAMI has responded to the crisis by extending HelpLine hours twice in 2021 alone, now operating from 10 a.m. to 10 p.m. Eastern time, Monday-Friday. It also added a new live chat feature. NAMI has put significant resources in early intervention to address the youth mental health crisis and the organization has been at the forefront of envisioning a new crisis response system as the nation gets closer the July launch of 988, a three-digit number for those in a mental health crisis.

"During this Mental Health Awareness Month, we want you to know that NAMI stands together with you as we confront this unprecedented mental health crisis," said NAMI CEO Daniel H. Gillison Jr. "We are working harder than ever to meet people where they are — to offer education and support in ways no one else can match, with our 650 affiliates and 49 state organizations nationwide. It is a call we have answered every single day since 1979."

NAMI's Mental Health Awareness Month **page** features resources like shareable images and graphics, an Awareness Event Guide, a link to NAMI's advocacy **action center** and personal stories about people's own mental health journeys — along with the hashtag **#Together4MH**.

The National Alliance on Mental Illness is the nation's largest grassroots mental health organization dedicated to improving the lives of individuals and families

affected by mental illness.

Join the conversation at:

nami.org | facebook.com/nami | instagram.com/namicommunicate |
twitter.com/namicommunicate #Together4MH



NAMI Knox & Licking Counties www.namiknoxohio.com namiklcohio@embarqmail.com 740-397-3088

Knox and Licking County Call Totals for the Past 12 Months

	Apr 21	May 21	Jun 21	Jul 21	Aug 21	Sep 21	Oct 21	Nov 21	Dec 21	Jan 22	Feb 22	Mar 22	Apr 22
Total Calls w/Follow Ups	738	862	950	940	994	1144	1066	1009	1038	1253	1106	960	987
Knox	190	218	251	222	246	305	275	233	227	246	298	203	199
Licking	548	644	699	718	748	839	791	776	811	1007	808	757	788

Both Knox and Licking Counties receive calls for the same types of services and agencies. The statistics below show the numbers of requested services and referrals given based on call data for your individual communities.

Licking County Top Agencies - APRIL	100
SAINT VINCENT DE PAUL CENTER	76
LICKING COUNTY COALITION OF CARE	66
LOOK UP CENTER	49
LICKING COUNTY COALITION FOR HOUSING	40
SAINT FRANCES DE SALES CATHOLIC CHURCH	36
FOOD PANTRY NETWORK	33
SALVATION ARMY OF LICKING COUNTY	30
LEADS COMMUNITY ACTION AGENCY	29

Knox County Top Agencies - APRIL		
SALVATION ARMY OF MOUNT VERNON	17	
NEW DIRECTIONS SHELTER	16	
KNO-HO-CO-ASHLAND COMMUNITY ACTION	14	
CITY OF MOUNT VERNON POLICE DEPARTMENT	10	
KNOX COUNTY JOB/FAMILY SERVICES	9	
SAINT VINCENT DE PAUL SOCIETY	9	
KNOX COMMUNITY HOSPITAL	7	
INTERCHURCH SOCIAL SERVICES	6	

Licking County Top Services - APRIL	112
Individual, Family and Community Support	173
Mental Health/Substance Use Disorders	132
Income Support/Assistance	105
Health Care	92
Housing	85
Legal, Consumer and Public Safety Services	45
Food/Meals	44
Utility Assistance	34

Knox County Top Services - APRIL	
Mental HealthSubstance Use Disorders	77
Individual, Family and Community Support	24
Housing	19
Legal, Consumer and Public Safety Services	16
Health Care	13
Food/Meals	11
Income Support/Assistance	11
Utility Assistance	7



April Unmet Needs from Call Statistics

Licking County
Easter Meals
Gas Money

Knox County
General Yard Work
Home Maintenance and Minor Repair Grants/Loans

Online Resource Directory Statistics April - ALL Counties

Unique Visitors 0 1088 Total Site Visits 1467 Total Searches 2196

Online Resource Directory Helpful Search Hints

Guided Search:

Search using Guided Search when you are uncertain of the service term. Services are grouped by categories to assist you in finding the particular service need. Click the to see a definition of the service terms you find.

Service Keyword:

Search using Service Keyword when you know one of the words in a service term. For example, searching with the words rent will help you find the service term rent payment assistance.

Agency/Program Name:

Search using Agency/Program Name when you know one of the words in a service provider name or program name. For example, search with the words red and cross to find American Red Cross locations and see what services are offered.

Not finding what you want? You may view a list of all services (<u>here</u>) and view definitions of the services by clicking the beside each term. Click the? to see a definition of the service terms you find.



Online Resource Directory Statistics April - Licking and Knox Counties

Top Searches by City

Newark Heath Pataskala Mount Vernon Johnstown Gambier

Top Searches by Service

Fresh Food Food Pantries Rent Payment Assistance General Clothing Provision Electric Service Payment Assistance Assistive Technology Equipment

Top Searches by Agency

Food Pantry Network of Licking County Licking County Job/Family Services Licking County Coalition for Housing Behavioral Healthcare Partners Main Place Food Pantries - Knox County AT THE END OF
THE DAY IT'S NOT
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OR EVEN WHAT YOU'VE
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GIVEN BACK.

DENZEL WASHINGTON

The 2-1-1 /Crisis Hotline Program Director, Amy Henning, is available to answer questions and provide public awareness to your organization about the 2-1-1 / Crisis Hotline and the services provided.

Amy Henning, MSSA, LSW | 740-345-6166 ahenning@pathwaysco.org





The 2-1-1 /Crisis Hotline Certified Resource Database Curator, Lyn Romano, can assist agencies with questions about service and program listings in the Resource Database. Call or email her when you need assistance.

> Lyn Romano, CRS-DC | 740-345-6166 Iromano@pathwaysco.org

The 2-1-1 /Crisis Hotline Resource Database Assistant, Andrea Smith, works alongside our Database Curator to keep the service and program listings updated in the Resource Database. Call or email her when you need assistance.



Andrea Rudin, Resource Assistant | arudin@pathwaysco.org



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