

# Need help? Dial 2-1-1 first.



**Available 24/7 FREE and Confidential**

Emergency services	Mental Health services	Income Support/Assistance
Information services	Health Care	Elder Services
Food/Meals	Employment	Veterans services
Crisis Intervention	Suicide Prevention	Disaster Recovery
Housing/Rent/Utilities	Substance Abuse	Relationships
Legal, Consumer & Public Safety Services	Individual, Family & Community Support	

**You can also dial 1-800-544-1601  
or text your zip code to 898211**

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2-1-1 is the number to dial to reach the Crisis Hotline and Information Center in Licking and Knox Counties. Just as you dial 9-1-1 for emergencies, dial 2-1-1 for non-emergency information and referral.

Our human service referral database is comprehensive and up-to-date. You do not have to be in crisis to call and our services are free. Our phone operators are highly trained. They treat your call confidentially and help you navigate through the maze of community services in a nonjudgmental manner.

Visit [www.211pathways.com](http://www.211pathways.com) for details.



This program is funded in part by Mental Health and Recovery for Licking and Knox Counties, the United Way of Licking County, and the United Way of Knox County. It is accredited by the Alliance of Information and Referral Systems, is a participating center of the National Suicide Prevention Lifeline, and is certified by Ohio Mental Health and Addiction Services.

For program details, or information on how your organization can participate in the 2-1-1 Community Stewardship Program, log on to [www.211pathways.com](http://www.211pathways.com).

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