

Dial 2-1-1 to speak to a referral specialist \* Alternate number 1-800-544-1601 \*\*



Search 2-1-1's database of community services www.211pathways.com



## 2-1-1 Crisis/Hotline & Information Center of Pathways: Your resource for coping with Economic Hardship

**2-1-1** provides comprehensive information about local community resources that can assist you if you are facing unemployment or simply struggling to keep up during the current economic downturn.



## Some of the types of services that 2-1-1 can direct you to, include:

**Coping with Stress** - The added stress of coping with unemployment or other life crises can place added stress on individuals, marriages and families. Simply dialing 2-1-1 can help you find community resources to help you and your family get through this most difficult time.

**Employment** - There are several local nonprofit and government resources that maintain job listings. Other programs may be available to you if you need to update your job skills.



Public Assistance - If your income has been drastically reduced, you may now qualify for public assistance programs such as Food Stamps or Ohio Works First. Dialing 2-1-1 can provide you with information about these programs.

**Emergency Financial Assistance** - Local nonprofits may be able to assist you with paying your rent, working with your mortgage company or paying utility

bills. To find out more about these programs, just dial 2-1-1.

Health Care - There are local physicians and hospitals that will see you regardless of your ability to pay. There are programs that can assist

you with purchasing your prescription medications or obtaining health insurance for your children. Call 2-1-1 to find out more about these programs.

Everyone goes through times when they may need to call upon outside resources for help. One call to 2-1-1 can connect you to the personal help you need. Call any time of day, all year long and someone will be there to take your call.



## www.211pathways.com

Funded by Mental Health & Recovery Services for Licking and Knox Counties, the United Way of Licking County, and the United Way of Knox County.

\*2-1-1 availability and service may vary depending upon your cellular, cable or VOIP telephone services provider.